

Kenya

Outreach Mission



3-5 May 2017



An Outreach Project will take place to Nairobi, Kenya from 3 to 5 May, 2017.

The project is being led by Professor Martin Smith, South Africa.

The aims of the project

The early stages of progression in health care in developing countries involves the creation of effective public health programs and basic health care. Once these programs are established, the natural progression of development will lead to a focus on providing more complex medical and surgical care. In many developed and developing countries the concern about HPB diseases often lags behind other areas of surgical medicine.

The development of HPB programs in developing countries requires a multifaceted approach for the identification and training of surgeons capable and interested in the treatment of HPB diseases. In addition, it requires the creation of effective and dedicated multidisciplinary teams of specialties such as nursing, radiology, interventional radiology and critical care, necessary for the care of patients with HPB diseases. Finally, institutional resources need to be improved to provide the physical and technological resources needed to support such programs.

In addition to development of local capacity, while in the country the project volunteers will carry out complex procedures on selected patients to augment the services being offered locally.

Initial assessment

This is the second visit to Kenya by E-AHPBA members. Initial local assessments have required a need for the following steps

- To promote the care of common liver, pancreatic, biliary and gastrointestinal disorders through improvements in basic surgical and medical care of these diseases
- To identify, train and support local surgeons and physicians who are dedicated to the care of HPB disease. A team of about 15 local young surgeons have been identified as suitable candidates.
- To conduct more complex procedures involving selected patients both as a service to the local healthcare system and as a training aid for local surgeons.
- To consolidate on the success of this visit with follow up projects and support for local surgeons.



Specific objectives include:-

1. Evaluation of hospital capacity and resources.
2. Early development of local HPB programs and experience, focussing on basic HPB procedures including bile duct repairs, surgery for chronic pancreatitis and pancreatic cancer and surgery for liver cancers.
3. Development and continuous support of local programs and support of local surgeons in their continuing education in HPB medicine. In addition to the Kenya Outreach Project, the E-AHPBA and IHPBA has offered 15 local surgeons combined membership at a reduced cost. Also, travel grants are being sought for 6 of those surgeons to attend the E-AHPBA Biennial Congress in Mainz, Germany in 2017 and the IHPBA World Congress in Geneva, 2018.

Proposed activities:-

Days 1: Lectures and tutorials

Days 2 and 3: Conducting complex HPB surgery on selected patients.



Plans for the Future

This is the second visit by E-AHPBA members to Kenya. Further follow up projects will take place over the coming years to consolidate on the success of the visit. This will improve local HPB medical services over an increasing number of procedures. In addition, the membership support being given by the IHPBA and the E-AHPBA, and the travel grants for 5 or 6 to attend the E-AHPBA and IHPBA Congresses, will facilitate their integration into the international HPB community and increase their opportunities for further learning.



The creation of a Kenya Chapter of IHPBA has been a significant step forward in providing HPB care locally. The Chapter will continue to be supported by IHPBA and E-AHPBA, and will be active in co-ordinating this and future outreach projects to Kenya.



Project team

Professor Martin Smith (South Africa), HPB Surgeon
Dr Edward Jonas (South Africa), HPB Surgeon
Dr Christos Dervenis (Greece), HPB Surgeon

Local Co-ordinators

Dr Wycliffe Kaisha, GI Surgeon,
Dr Wilson Kiraitu, GI Surgeon,
Both of Kenyatta National Hospital, Nairobi, Kenya

